



ANNOOR DENTAL COLLEGE & HOSPITAL

Affiliated to Mahatma Gandhi University & Kerala University of Health Sciences
Recognised by Dental Council of India and Govt of India)

Muvattupuzha-686673, Ernakulam Dist, Kerala, India

E Mail: annoordentalcollege@rediffmail.com website: www.annoordentalcollege.org
Ph: 0485-2815217 Fax : 0485-2815817

3.3.4 Number of books and chapters in edited volumes/books published and papers published in national/international conference-proceedings indexed in UGC-CARE list on the UGC website/Scopus/Web of Science/PubMed/during the last five years

Year	2018-19	2017-18	2016-17	2015-16
Number	1	2	1	1



Dr. Giju George Baby
Principal
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Academic year 2018-19

Conference Proceedings	Tobacco – a multipronged global killer	Dr. Vineet Alex
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2nd Global Public Health Conference (GlobeHEAL) - 2019



TOBACCO – A MULTIPRONGED GLOBAL KILLER

V.D. Alex

Kerala university of Health sciences, India

Annoor Dental College and Hospital, India

ABSTRACT

"A cigarette says –Today you turn me into ashes, but tomorrow is my turn"

Tobacco has been in usage from time immemorial. Its ease of availability and unrestricted usage has caused a catastrophe. Tobacco is the most addictive substance known and it is the highest global threat. Background studies indicate that 1.3 billion people use tobacco in some way. It can be used in different ways, causing diseases more than any contributing factor. The purpose of the study is based on review of literature to create a global awareness for discouraging the use of tobacco. Detailed analysis was done on research papers that were published in last 10 years highlighting the disease conditions and fatality caused. Results that were obtained were alarming which showed tobacco caused 16 different types of cancer. It is the leading cause of cardiovascular disease and death. Second hand smoke kills 600,000 people a year. Smoking is directly linked primary risk factors in diabetes and hypertension. Smokeless tobacco can have disfiguring effects by causing oral cancer. It is the major risk factor for tuberculosis accounting to 22% globally and 40% in India. Tobacco has deleterious effect in pregnancy and child birth. Tobacco was found to be the front-runner in causing oral, systemic and the leading etiological factor for communicable and non-communicable diseases. For enhancing global health and marching towards a sustainable healthy global community, the lethal effect of tobacco should be addressed. This should be done at a global level and at a faster pace ,otherwise tobacco would live up to its name of a global killer.

Keywords: Oral cancer, Diabetes, Hypertension, Tuberculosis, Pregnancy



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2nd Global Public Health Conference (GlobeHeal 2019)

"Enhancing Global Health Development towards Sustainable Healthy Communities"

14th – 15th February 2019 | Colombo | Sri Lanka

TECHNICAL SESSION 02		GLOBAL NON-COMMUNICABLE DISEASES PREVENTION STRATEGIES II	
		Thursday, 14 th February 2019 14.10 to 16.00 Longdon	
		Chaired by Dr. Kasmah Wati Pardi (<i>Universiti Sains Malaysia, Malaysia</i>)	
14.10 – 14.40		PLENARY SPEECH Tobacco – A Multipronged Global Killer Dr. Vineet Daniel Alex (<i>Kerala University of Health Sciences, India</i>)	
14.40 – 15.00	A4	Factors Affecting Adherence to Insulin Therapy among Patients with Type 2 Diabetes Mellitus in a Selected Teaching Hospital, Sri Lanka Weerakoon L.N., Amarasekara A.A.T.D. (<i>University of Sri Jayewardenepura, Sri Lanka</i>)	
15.00 – 15.20	A5	Factors Associated with Adherence to Recommended Glaucoma Medications among Patients with Glaucoma at National Eye Hospital, Sri Lanka Balasooriya N.M.S. ¹ , Silva T.G.S. ² , Shiromani P.D.I. ² , Godamune G.A.I. ² , Jayaratne H.D.M. ³ , Amarasekara A.A.T.D. ⁴ (<i>¹National Eye Hospital, Sri Lanka, ²General Hospital Kaluthara, Sri Lanka, ³National Institute of Mental Health, Sri Lanka, ⁴University of Sri Jayewardenepura, Sri Lanka</i>)	
15.20 – 15.40	A6	Level of Physical Activity among Patients with Hypertension Attending Out-Patient Clinic Dr. Azlina Yusuf, Nur Syamimi A (<i>Universiti Sains Malaysia, Malaysia</i>)	
15.40 – 16.00	A7	Validity and Reliability of Sinhala Version Short Form McGill Pain Questionnaire-2 (SF MPQ-2-SIN) as a Pain Descriptor among Cancer Patients in Sri Lanka Edirisinghe N.P. ¹ , Goonewardena C.S.E. ¹ , Makuloluwa P.T.R. ² , Amarasekara A.A.T.D. ¹ (<i>¹University of Sri Jayewardenepura, ²General Sir John Kotelawala Defense University, Sri Lanka</i>)	
16.00 – 16.20		Evening Refreshments	



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Academic year 2017-2018

Conference proceedings	Effect of tobacco on oral health - A plethora of oral changes	Dr. Vineet Alex
Book	Chap: Oral Habits	Dr Tharian B Emmaty



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5th International Conference on Public Health 2019

"Promoting Global Health Equity towards a Sustainable Future"

Technical Session 03: Tobacco Smoking and Alcohol Consumption

Chaired by:

Dr. Saliza Mohd Elias, Universiti Putra Malaysia, Malaysia

Evaluated by:

Dr. Nasrin Banu Laskar, Sikkim Manipal Institute of Medical Sciences, India

Dr. Saira Mehnaz, Aligarh Muslim University, India

Name	Topic
Dr. Vineet Alex <i>Kerala University of Health Sciences, India</i>	EFFECT OF TOBACCO ON ORAL HEALTH - "A PLETHORA OF ORAL CHANGES"
Fatwa Sari Tetra Dewi <i>Universitas Gadjah Mada, Indonesia</i>	EXPLORING THE CHARACTERS OF EFFECTIVE PICTORIAL WARNINGS ON CIGARETTE PACKS
Lowrie E. <i>Blackpool Centre for Early Child Development, United Kingdom</i>	USING Q-METHODOLOGY TO UNDERSTAND COMMUNITY PERSPECTIVES ON THE PREVENTION OF PRENATAL ALCOHOL EXPOSURE
Veni Nella Syahputrii <i>Universitas Teuku Umar, Indonesia</i>	THE IMPLEMENTATION OF NON- SMOKING AREA QANUN (REGULATION) IN WEST ACEH HEALTH OFFICE
Lucky Herawati <i>Health Polytechnic of Ministry of Health Yogyakarta, Indonesia</i>	THE FORMER SMOKER'S UNIQUE STORY TO STOP SMOKING



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Rapporteur Report...



"Promoting Global Health Equity towards a Sustainable Future"

Desy Nuryunarsih University of Nottingham, United Kingdom	ATTITUDES, KNOWLEDGE AND HEALTH RISK PERCEPTIONS OF INDONESIAN PEOPLE REGARDING THE USE OF KRETEK CIGARETTES (QUALITATIVE STUDY)
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Highlights of the session: Dr. Vineet Alex, Kerala University of Health Sciences, India presented his study on Effect Of Tobacco On Oral Health – "A Plethora Of Oral Changes". The aim of the review was to specifically identify the different oral diseases and changes that occur with tobacco use and suggest proper remedial measures. Extensive review of journals suggested that apart from causing life-threatening illness such as cardiac disorders, cerebro-vascular accidents and birth defects, it also causes oral changes like affecting the structure and surface integrity of teeth, major ill effects in the periodontium, altered taste sensation with halitosis, alterations in salivary pH, composition and microbial flora in comparison to non-smokers. The serious oral conditions were noticed in chronic users who were susceptible to malignant and pre-cancerous changes in the mucosa. Thus, it was concluded from this study that the use of tobacco caused life threatening diseases at a global scale.

Fatwa Sari Tetra Dewi, Universitas Gadjah Mada, Indonesia reported a study on Exploring The Characters Of Effective Pictorial Warnings On Cigarette Packs. A qualitative study among 61 respondents involved in 39 in-depth interviews and 8 focus group discussions was analyzed using content analysis. A cross-sectional survey measures the intention of to start smoking or quitting smoking and its factors among 175 respondents. Qualitative data identifies that eye catching warning images, disgusting and worrying, give rise to the expected response. Furthermore, the pictorial warnings effect decreases with the length of exposure. Quantative data shows that the intention not to start smoking was significantly related to worrying pictorial warnings, environment that did not support smoking and low exposure to cigarette advertisements ($p < 0.05$).



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TEXTBOOK OF PEDIATRIC DENTISTRY

(Fifth Edition)

Dr. S. G. Damle

Ph.D., MDS, FAMS, FIMSA

FDS RCPS (Glasgow), FDS RCS (England)

Professor, Pediatric Dentistry

MM College of Dental Sciences and Research &

Vice Chancellor

Maharishi Markandeshwar University,

Mullana (Ambala)

Formerly

Professor and Head of Pediatric Dentistry

Dean, Nair Hospital Dental College

Mumbai

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4806 Bharat Ram Road, 24 Darya Ganj,

New Delhi 110002



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Academic year 2016- 2017

Book	Root resorption: Pathophysiology & management	Dr Vineet R V	Anchor Academic Publications, Hamburg, Germany
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R.V, Vineet: Root Resorption. Pathophysiology & Management, Hamburg, Anchor Academic Publishing 2016

Buch-ISBN: 978-3-95489-407-9

PDF-eBook-ISBN: 978-3-95489-491-8

Druck/Herstellung: Anchor Academic Publishing, Hamburg, 2016

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Dr. Vineet R.V

Root Resorption

Pathophysiology & Management



Anchor Academic Publishing

disseminate knowledge



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Principal
Annoor Dental College & Hospital
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Academic year 2015-2016

Book	Flora of the oral cavity	Dr Vineet R V	Mashwords publications, California, USA.
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FLORA OF ORAL CAVITY

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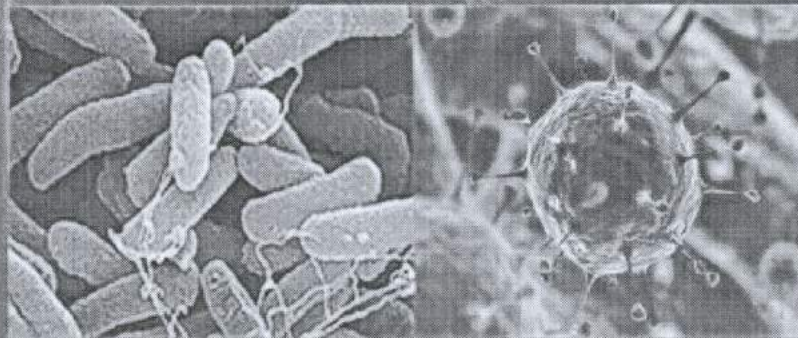
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FLORA OF THE ORAL CAVITY



Dr.Vineet R.V, MDS



Dr. Giju George
Principal
Annoor Dental College & Hospital
Muvattupuzha - 686673